SWORN STATEMENT NO.30 FROM PRINCE GEORGE'S COUNTY JAIL

We do not have cell phone footage of abuses inside prisons and jails. I am reading the following sworn testimony from a person held in the Prince George's County Jail to lift this veil of secrecy and hold our justice system accountable.

I solemnly affirm under the penalties of perjury and upon personal knowledge that the following is true:

I have hypertension and high cholesterol. I am 56 years old. I have never been told that there is any kind of special plan or special procedures in place to protect me.

I am on the cleaning detail. Every week we run out of cleaning supplies, including Spray Nine. In the past, we have usually been able to get more by asking the guard to ask their superior officer for more. But this week, we ran out on Tuesday and we were told there was no more anywhere else in the jail. For all of Tuesday and all of Wednesday, we were instructed that there was no Spray Nine and that we had to use Windex to wipe down surfaces and phones. When we do have Spray Nine, we are instructed to cut it with water.

Cleaning has been inconsistent. Earlier this week there was a different guard in our unit than usual. During the two days she was here, she told the cleaning detail that we were not allowed to clean the showers. For those two days, the showers were not cleaned.

We are still on lockdown 23 hours a day. But a lot of the time, we are stuck in the cell longer than that. Two or three days without getting to come out of the cell.

We usually get the Washington Post delivered on weekdays. More and more often, the Metro section will be missing, and the guards will explain they removed it. When guys call their families and ask what was in the Metro section the day, it's always a story about the virus in this jail, or about the lawsuit that's happening against the jail.

I mostly pass the time by trying to sleep. I know it's not good for me, it makes me feel depressed. But it's the only thing I can think to do to try to get through it.