We do not have cell phone footage of abuses inside prisons and jails. I am reading the following sworn testimony from a person held in the Prince George's County Jail to lift this veil of secrecy and hold our justice system accountable. This testimony was taken in April 2020.

I am currently incarcerated at the Prince George's County Jail. I contracted the Coronavirus while detained at the jail and have since tested positive. I have pre-existing conditions of asthma, a prior history of bronchitis, and a seizure disease.

I first began to experience symptoms of fever, sweats, fatigue, vomiting, headaches, body aches, heart palpitations and a weird taste in my mouth on Wednesday, March 25. By Thursday, I was sweating profusely, vomiting, and too weak to get out of my cell. I told my cellmate that something was wrong. But when my cellmate asked the COs for help, they said I was "playing," and that I would "be alright."

Because the COs refused to help me, I had to wait until the next shift, eight hours later. The new COs were afraid to come near me after they heard about my symptoms. They told another inmate to put on a glove, come into my cell, and touch it to my forehead. When the inmate showed the COs the glove soaked in my sweat, they finally let me go to sick call.

The nurse took my temperature and it was 101.2 degrees. I kept trying to tell her that something serious was going on, but she wouldn't listen. She gave me two Tylenols, and sent me back to the housing unit without anything to protect myself or other inmates.

I decided to self-quarantine as much as possible. No one told me to do this, I just did it because I was trying to protect everyone else as best I could. I saw on the news that you're not supposed to gather in groups or be close to other people. So when they told me to line up for medicine, I wouldn't get in line. I would sit at the table and wait for the line to die down. When the COs saw me do this, they yelled at me to get in line, and when I refused, they sent me to my cell as punishment.